

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: HZA

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Goyvaerts An HEADCOACH

Coaches: Van Dyck Nina

Coaches: De Cuyper Tibo

Coaches: Gullentops Axel

Coaches: Cannaearts Jens

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 08:35
Heat: 4/26 Lane : 5 Athlete: ROZIERIS LILY					Q-time: 01:27:22
PB (25m pool): 01:27.22 LEUVEN 21/12/2025					PB (50m pool): 01:31.97 SB: 01:27.22 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.26		01:27.22	
		00:43.26		00:43.96	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 08:45
Heat: 9/26 Lane : 5 Athlete: CORTHOUT MIRTE					Q-time: 01:20:61
PB (25m pool): 01:20.28 Mol 15/10/2023					PB (50m pool): 01:27.58 SB: 01:20.61 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.28	
		no time			
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:19, starttime: 09:05
Heat: 19/26 Lane : 5 Athlete: WIJCKMANS LENE					Q-time: 01:13:23
PB (25m pool): 01:12.87 Herentals 18/05/2024					PB (50m pool): 01:15.71 SB: 01:13.23 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.87	
		no time			
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:23, starttime: 09:15
Heat: 23/26 Lane : 4 Athlete: VAN LOOY ANKE					Q-time: 01:09:26
PB (25m pool): 01:09.26 LEUVEN 21/12/2025					PB (50m pool): 01:13.05 SB: 01:09.26 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.90		01:09.26	
	00:33.90		00:35.36		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 09:25
Heat: 4/20 Lane : 1 Athlete: VERBEEK MATTS					Q-time: 01:32:82
PB (25m pool): 01:32.82 Aartselaar 01/11/2025					PB (50m pool): 01:39.67 SB: 01:32.82 Aartselaar 01/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.67		01:32.82	
	00:43.67		00:49.15		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:8, starttime: 09:35
Heat: 8/20 Lane : 6 Athlete: PIETERS KOBE					Q-time: 01:26:93
PB (25m pool): 01:26.93 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:29.07 SB: 01:26.93 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.75		01:26.93	
	00:40.75		00:46.18		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:10, starttime: 09:40
Heat: 10/20 Lane : 5 Athlete: SEYMUS AXEL					Q-time: 01:22:72
PB (25m pool): 01:22.72 Temse 17/11/2025					PB (50m pool): 01:25.07 SB: 01:22.72 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.59		01:22.72	
	00:39.59		00:43.13		
					

Coach feedback:

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Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 10:05
Heat: 5/19 Lane : 2 Athlete: VAN ROMPAEY LORE					Q-time: 01:34:35
PB (25m pool): 01:34.35 Tremelo 14/12/2025			PB (50m pool): no time SB: 01:34.35 Tremelo 14/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.16		01:34.35	
	00:43.16		00:51.19		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 10:05
Heat: 5/19 Lane : 3 Athlete: NEUVILLE ALIZÉE					Q-time: 01:33:74
PB (25m pool): 01:33.74 Nijlen 16/11/2025			PB (50m pool): 01:47.64 SB: 01:33.74 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.45		01:33.74	
	00:41.45		00:52.29		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:6, starttime: 10:05
Heat: 6/19 Lane : 6 Athlete: ROZIERIS LILY					Q-time: 01:33:66
PB (25m pool): 01:33.66 Heist-op-den-Berg 10/01/2026			PB (50m pool): no time SB: 01:33.66 Heist-op-den-Berg 10/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.91		01:33.66	
	00:44.91		00:48.75		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:10, starttime: 10:15
Heat: 10/19 Lane : 1 Athlete: NEUVILLE AXELLE					Q-time: 01:20:60
PB (25m pool): 01:20.60 Nijlen 16/11/2025			PB (50m pool): 01:40.47 SB: 01:20.60 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.37		01:20.60	
	00:36.37		00:44.23		
					

Coach feedback:

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Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:17, starttime: 10:25
Heat: 17/19 Lane : 6 Athlete: VAN LOOY ANKE					Q-time: 01:10:03
PB (25m pool): 01:10.86 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:10.03 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.86	
	no time				
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:18, starttime: 10:25
Heat: 18/19 Lane : 3 Athlete: ROMBOUT LISA					Q-time: 01:04:00
PB (25m pool): 01:03.32 Stedelijk Zwembad Geel 17/02/2019 PB (50m pool): 01:03.97 SB: 01:04.00 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.32	
	no time				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:5, starttime: 10:50
Heat: 5/37 Lane : 3 Athlete: PANKEN LEX					Q-time: 01:20:34
PB (25m pool): 01:20.34 Heist-op-den-Berg 10/01/2026 PB (50m pool): no time SB: 01:20.34 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.04		01:20.34	
	00:39.04		00:41.30		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:6, starttime: 10:50
Heat: 6/37 Lane : 6 Athlete: GYSELS RUBEN					Q-time: 01:19:91
PB (25m pool): 01:19.91 Heist-op-den-Berg 10/01/2026 PB (50m pool): no time SB: 01:19.91 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.56		01:19.91	
	00:36.56		00:43.35		
					

Coach feedback:

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Event number: 17: 100M FREESTYLE MEN 11+					Heat:12, starttime: 11:00
Heat: 12/37 Lane : 3 Athlete: PIETERS KOBE					Q-time: 01:09:37
PB (25m pool): 01:09.37 Nijlen 16/11/2025					PB (50m pool): 01:13.60 SB: 01:09.37 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.22		01:09.37	
	00:33.22		00:36.15		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:18, starttime: 11:10
Heat: 18/37 Lane : 6 Athlete: SEYMUS AXEL					Q-time: 01:05:13
PB (25m pool): 01:05.13 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:06.29 SB: 01:05.13 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.62		01:05.13	
	00:31.62		00:33.51		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:23, starttime: 11:15
Heat: 23/37 Lane : 6 Athlete: ARIJS KYAN					Q-time: 01:00:41
PB (25m pool): 01:00.41 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:00.62 SB: 01:00.41 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.15		01:00.41	
	00:29.15		00:31.26		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:29, starttime: 11:20
Heat: 29/37 Lane : 6 Athlete: BROWN QUINTEN					Q-time: 00:57:73
PB (25m pool): 00:57.73 Nijlen 16/11/2025					PB (50m pool): 00:58.60 SB: 00:57.73 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.91		00:57.73	
	00:27.91		00:29.82		
					

Coach feedback:

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Event number: 18: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 11:40
Heat: 4/33 Lane : 3 Athlete: ROMBOUT LISA					Q-time: 99:99:99
PB (25m pool): 01:06.61 Leuven 30/07/2019					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.61	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 11:55
Heat: 10/33 Lane : 4 Athlete: NEUVILLE AXELLE					Q-time: 01:34:18
PB (25m pool): 01:34.18 Heist Op Den Berg 11/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.18	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 11:55
Heat: 11/33 Lane : 5 Athlete: NEUVILLE ALIZÉE					Q-time: 01:32:47
PB (25m pool): 01:32.47 Heist Op Den Berg 11/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:32.47	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:13, starttime: 12:00
Heat: 13/33 Lane : 3 Athlete: CORTHOUT MIRTE					Q-time: 01:25:56
PB (25m pool): 01:25.56 Heist-op-den-Berg 10/01/2026					PB (50m pool): no time SB: 01:25.56 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.56	
	no time				
					

Coach feedback:

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Event number: 18: 100M MEDLEY WOMEN 11+					Heat:13, starttime: 12:00
Heat: 13/33 Lane : 5 Athlete: ROZIERIS LILY					Q-time: 01:26:78
PB (25m pool): 01:26.78 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:26.78 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.78	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:14, starttime: 12:00
Heat: 14/33 Lane : 1 Athlete: VAN ROMPAEY LORE					Q-time: 01:25:43
PB (25m pool): 01:25.43 Heist-op-den-Berg 10/01/2026					PB (50m pool): no time SB: 01:25.43 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.43	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:15, starttime: 12:05
Heat: 15/33 Lane : 3 Athlete: FAES ELYNE					Q-time: 01:23:31
PB (25m pool): 01:23.31 Heist Op Den Berg 11/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.31	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:25, starttime: 12:20
Heat: 25/33 Lane : 2 Athlete: WIJCKMANS LENE					Q-time: 01:13:67
PB (25m pool): 01:13.67 Heist Op Den Berg 11/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.67	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: HZA

Event number: 18: 100M MEDLEY WOMEN 11+				Heat:28, starttime: 12:25	
Heat: 28/33 Lane : 1 Athlete: VAN LOOY ANKE				Q-time: 01:11:54	
PB (25m pool): 01:11.54 LEUVEN 21/12/2025				PB (50m pool): no time SB: 01:11.54 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.36		01:11.54	
	00:32.36		00:39.18		
					

Coach feedback: